

OCTOBER 2009 SMOKE SIGNALS

In this issue:

- Online resources
 - More meet entry procedure
 - Team apparel information
 - Practice schedule with cancellations
 - Meet schedule with November entry deadlines
 - News and Notes
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FGAC.ORG

If you haven't been to the website recently, check it out. We just rolled out a new site with improved functionality, organization and design. Thanks to Becky Sterling and Allie Stevens for helping make it happen!

PVSWIM.ORG

The Potomac Valley Swimming website is one of your greatest resources as a member of PVS/USA Swimming. **Please become familiar with the Meet Schedules and Results page located from the left menu.** This is your one stop shop for all meet information. Current announcements are made on the homepage, which is also where you can find current meet information such as psych sheets, timelines and results.

CLARIFICATION FOR MEET ENTRY DEADLINES

One point of discussion at the recent age group parent's meeting was how to determine when meet entries are due. Here's the process in a nutshell, in no particular order

- We'll post meet entry deadlines in the monthly newsletter. (See below.)
 - When possible, we'll send email reminders.
 - Go to www.pvswim.org and the MEET SCHEDULES AND RESULTS page and check the meet announcement for the date that entries are due to the meet director. **Entries are due to us the Sunday prior to the date they are due to the meet director as listed on the meet announcement.**
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TEAM APPAREL

Team apparel order forms are now available for download from the DOCUMENTS section of our website. Order forms are due by October 23rd and can be returned to Dan, Dave or Noreen Schwartz.

TEAM SUITS

Any solid black suit is sufficient as a team suit for competition. Black suits with orange or grey striping/piping also qualify. Not having a team suit will not disqualify anyone from competition, but we greatly appreciate your help in our being as uniform as possible.

Sorry for the late notice to some, but **Blazin swimwear will be at Fairland on Monday October 12th from 6:00-7:00 pm for team suit orders.** These are the same suits offered last year with our team logo. Goggles and swim caps will also be available. Those who

are interested but cannot make it in person, please see Dan for order forms or go to Blazin's website at www.blazinswimwear.com for contact information. Be sure to identify your team when placing an order.

TEAM ISSUE CAPS & T-SHIRTS

Team issue caps are in and being distributed. T-shirts will be handed out by November RMSC Invite.

PRACTICE SCHEDULE

Practice is **cancelled** on the following dates:

- No practice Sunday 10/18 due to swim meet at Fairland
 - No practice Friday 11/6 due to swim meet at Takoma Aquatic Center
 - No practice Thursday 11/26 & Friday 11/27 due to the Thanksgiving holiday
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MEET SCHEDULE

- Fall Gator Mini Meet 10/31-11/01 @ Washington Lee HS, Arlington VA - Entries due Sunday 10/18
- RMSC November Invitational 11/14-15 @ MLK, Silver Spring MD - Entries due Sunday 11/01
- DE State Championships 11/27-29 @ UofD, Newark DE - Entries due Sunday 11/08
- Pilgrim Pentathlon 11/22 @ Claude Moore, Sterling VA - meet announcement not yet posted

Hotel reservations for DE State Championships must be made by 11/6. We'll be in the same north campus Marriott that we've been in the last couple of years. Reservation information will be posted to the team website as of Monday 10/12.

NEWS AND NOTES

1. Team Council meeting - Tuesday 10/13, 5:30-6:30 pm. (HS Juniors and Seniors will meet until 7:00 pm) Regular practice thereafter for all members.
2. Senior Level Coaching Internship - Assistant coaching is available to senior level swimmers who have current certification in Lifeguarding and CPR. Please see Dan if you're interested.
3. The February team travel meet will be back this season! Dover YMCA plans to once again host the 3D Invitational on Saturday, February 6th.