

## Individual Top Times

Flying Gull Aquatic Club [FGAC-PV] Coach: Dan Haines  
Show Yards Only

	Time	P/F/S	Name	Age/Yr		
<b>Girls Senior 25 Free</b>						
1	14.97	Y REC	F Rachel Sigwalt	8	5/19/2007	2007 Bunkey Lewis Mini Meet
<b>Girls Senior 50 Free</b>						
1	25.02	Y REC	F *1 Heather Denman	14	12/16/2004	2004 Cassel's Winter Classic
<b>Girls Senior 100 Free</b>						
1	52.23	Y REC	F *1 Heather Denman	17	2/23/2008	2008 Metros
<b>Girls Senior 200 Free</b>						
1	1:53.92	Y REC	P *1 Heather Denman	16	3/20/2007	2007 NSCA Junior Nationals
<b>Girls Senior 500 Free</b>						
1	5:13.45	Y REC	F *1 Heather Denman	16	1/19/2007	2007 PV January Open - MLK
<b>Girls Senior 1000 Free</b>						
1	11:09.24	Y REC	F *1 Heather Denman	17	2/17/2008	2008 PVS February Distance Meet
<b>Girls Senior 1650 Free</b>						
1	20:14.03	Y REC	F *1 Courtney Gaddi	16	1/6/2007	2007 PVS January Distance Meet
<b>Girls Senior 25 Back</b>						
1	19.37	Y REC	F Marcela Chavez	8	11/18/2007	2007 Pilgrim Pentathlon
<b>Girls Senior 50 Back</b>						
1	26.67	Y REC	P *1 Heather Denman	17	3/18/2008	2008 NSCA Junior Nationals
<b>Girls Senior 100 Back</b>						
1	56.19	Y REC	F *1 Heather Denman	17	12/13/2007	2007 Sport Fair Winter Classic
<b>Girls Senior 200 Back</b>						
1	2:02.34	Y REC	T *1 Heather Denman	17	3/18/2008	2008 NSCA Junior Nationals
<b>Girls Senior 25 Breast</b>						
1	19.47	Y REC	F Rachel Sigwalt	8	2/17/2007	2007 Winter Gator Mini Meet
<b>Girls Senior 50 Breast</b>						
1*	32.77	Y REC	F Katherine Cleary	12	2/28/2008	2008 PVS Short Course 14&under Junior
1*	32.77	Y REC	F Erin Schwartz	15	12/14/2006	2006 Cassel's Winter Classic
<b>Girls Senior 100 Breast</b>						
1	1:10.86	Y REC	T Erin Schwartz	17	3/6/2008	2008 PV Short Course Championships
<b>Girls Senior 200 Breast</b>						
1	2:32.97	Y REC	F Erin Schwartz	15	12/14/2006	2006 Cassel's Winter Classic
<b>Girls Senior 25 Fly</b>						
1	16.72	Y REC	F *1 Jane Nester	8	11/23/2003	2003 Pilgrim Pentathlon
<b>Girls Senior 50 Fly</b>						
1	26.69	Y REC	F *1 Heather Denman	15	10/14/2005	2005 PVS October Open
<b>Girls Senior 100 Fly</b>						
1	57.12	Y REC	F *1 Heather Denman	15	3/16/2006	2006 Southern Reg. Speedo Champions
<b>Girls Senior 200 Fly</b>						
1	2:06.43	Y REC	F *1 Heather Denman	16	12/14/2006	2006 Cassel's Winter Classic
<b>Girls Senior 100 IM</b>						
1	1:00.55	Y REC	F *1 Heather Denman	17	11/23/2007	2007 Delaware State Championships
<b>Girls Senior 200 IM</b>						
1	2:08.22	Y REC	F *1 Heather Denman	16	12/14/2006	2006 Cassel's Winter Classic
<b>Girls Senior 400 IM</b>						
1	4:35.14	Y REC	P *1 Heather Denman	16	12/14/2006	2006 Cassel's Winter Classic
<b>Boys Senior 25 Free</b>						
1	17.46	Y REC	F Ethan Shinn-Miller	8	11/18/2007	2007 Pilgrim Pentathlon

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	Time	P/F/S	Name	Age/Yr		
<b>Boys Senior 50 Free</b>						
1	21.04	Y REC	P Kevin Vallario	17	2/23/2008	2008 Metros
<b>Boys Senior 100 Free</b>						
1	45.65	Y REC	P Kevin Vallario	17	2/23/2008	2008 Metros
<b>Boys Senior 200 Free</b>						
1	1:42.48	Y REC	F Kevin Vallario	17	12/13/2007	2007 Sport Fair Winter Classic
<b>Boys Senior 500 Free</b>						
1	4:57.96	Y REC	P Matthew Stevens	17	3/6/2008	2008 PV Short Course Championships
<b>Boys Senior 1000 Free</b>						
1	10:21.12	Y REC	F Matthew Stevens	16	3/8/2007	2007 PVS Senior SC Championships
<b>Boys Senior 1650 Free</b>						
1	x19:12.39	Y REC	F Joseph Devlin	13	3/1/2007	2007 PVS Short Course 14&under Junior
<b>Boys Senior 25 Back</b>						
1	21.20	Y REC	F *1 Shane Corcoran	8	11/18/2007	2007 Pilgrim Pentathlon
<b>Boys Senior 50 Back</b>						
1	27.23	Y REC	F Sean Gallagher	15	12/13/2007	2007 Sport Fair Winter Classic
<b>Boys Senior 100 Back</b>						
1	55.55	Y REC	P Kevin Vallario	16	12/14/2006	2006 Cassel's Winter Classic
<b>Boys Senior 200 Back</b>						
1	2:04.61	Y REC	F Spencer Sterling	14	2/28/2008	2008 PVS Short Course 14&under Junior
<b>Boys Senior 25 Breast</b>						
1	23.62	Y REC	F *1 Shane Corcoran	8	10/27/2007	2007 Fall Gator Mini Meet
<b>Boys Senior 50 Breast</b>						
1	31.44	Y REC	F Kevin Vallario	14	10/14/2005	2005 PVS October Open
<b>Boys Senior 100 Breast</b>						
1	1:00.95	Y REC	P Kevin Vallario	17	12/13/2007	2007 Sport Fair Winter Classic
<b>Boys Senior 200 Breast</b>						
1	2:15.50	Y REC	P Matthew Stevens	17	3/6/2008	2008 PV Short Course Championships
<b>Boys Senior 25 Fly</b>						
1	19.37	Y REC	F Ethan Shinn-Miller	8	10/27/2007	2007 Fall Gator Mini Meet
<b>Boys Senior 50 Fly</b>						
1	23.77	Y REC	F Kevin Vallario	16	12/14/2006	2006 Cassel's Winter Classic
<b>Boys Senior 100 Fly</b>						
1	52.67	Y REC	F Kevin Vallario	17	12/13/2007	2007 Sport Fair Winter Classic
<b>Boys Senior 200 Fly</b>						
1	1:59.55	Y REC	P Spencer Sterling	14	4/3/2008	2008 Eastern Zone SC Swimming Cham
<b>Boys Senior 100 IM</b>						
1	58.47	Y REC	F Kevin Vallario	17	11/23/2007	2007 Delaware State Championships
<b>Boys Senior 200 IM</b>						
1	2:03.58	Y REC	P Matthew Stevens	16	12/13/2007	2007 Sport Fair Winter Classic
<b>Boys Senior 400 IM</b>						
1	4:31.05	Y REC	F Matthew Stevens	17	1/19/2008	2008 PVS Jan Open